

PHOTOS BY DEB COBB/CENTRE VIEW

**At the Cox Farms Pumpkin Madness, guests brought their jack o' lanterns or old pumpkins to be dropped from a 60-foot boom lift. This is the last thing the pumpkins see before they fall to their ... squash.**

## Pumpkin Madness

Cox Farms opened its doors to all used jack o'-lanterns for its annual Pumpkin Madness on Sunday, Nov. 6. As a grand finale to the Cox Farms Fall Festival, used pumpkins are honored by being smashed, squished, stomped, launched from a trebuchet into a lake or dropped 60 feet from a boom lift. To cap off the day of pumpkin violence, a 1,019-pound pumpkin — the winner for largest pumpkin at the state fair, grown by Dustin Price of Richmond — was dropped from 60 feet in the air onto a large platform. Between 6,000 and 7,000 people attended that weekend.



**Jane Elliott, Charlie Hudson, Andrew E. and Heath Shelters, all of Centreville, sample the flesh from a 1,019-pound pumpkin that was dropped from 60 feet.**

## Holiday Gift Drive Now in Full Swing

**Our Neighbor's Child needs community's help.**

BY BONNIE HOBBS  
CENTRE VIEW

When Kelly Lavin started Our Neighbor's Child some 20 years ago, it was to make sure that 31 Centreville children received gifts at Christmas. Their families were unable to provide them, and Lavin and a handful of friends wanted to help.

Over the years, however, the local population grew, the economy worsened, people lost jobs and homes, and more and more parents turned to ONC for gifts at the holidays. It's now a well-seasoned group with more than 400 volunteers; but each year, its task has become more daunting.

Last Christmas, this nonprofit,

all-volunteer organization of moms, dads and students provided new toys and clothes for 800 families — including 2,300 children — in Centreville, Chantilly, Clifton, Fair Oaks and Fair Lakes. This year, it already has more than 600 families on its list — and referrals are still coming in — so it needs the help of area residents, businesses, the faith community and schools to make their holiday dreams come true.

"I'm so proud to live in this community," said Lavin, ONC's executive director. "It is full of very caring, generous people. When we have our annual meeting with service providers in other areas of the county, we hear how often they fall short in meeting all the need. For 20 years, we have been so blessed that this community has come forward and allowed us to serve 100 percent of the families referred to Our Neighbor's Child."

Still, said Lavin, "We don't take that for granted, and we hold our breath each year that the commu-

SEE HOLIDAY GIFT, PAGE 9



**Flanking Paisano's Pizza President and CEO Fouad Qreitem are (from left) ONC Executive Director Kelly Lavin and her assistant, Brooke Caskey.**

## Line Up for Turkey Trot

**Raises money for Life with Cancer.**

BY BONNIE HOBBS  
CENTRE VIEW

When it comes to burning off calories in preparation for Thanksgiving dinner, it's hard to beat the Virginia Run Turkey Trot. This year's 23<sup>rd</sup> annual 5K race and 2K fun walk will be held early Thursday morning, Nov. 24.

The event also raises funds for Life with Cancer, Inova Health System's nonprofit program for cancer patients and their families. Alto-

gether, Turkey Trot has donated more than \$657,000 to this cause in the past 19 years.

"Last year, we raised the most money ever, \$77,000," said event chairman Dominic DeVincenzo. "We had 4,200 runners registered — and 3,600 who actually ran. And we almost doubled the number of walkers from the previous year from 600-700 to over 1,200." So this time, he'd like to make \$75,000 or more.

Life with Cancer helps families mentally, psychologically and emotionally. Its pro-

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## NEWS

# Turkey Trot Honors Wes Neff

BY BONNIE HOBBS  
CENTRE VIEW

For more than 12 years, Virginia Run's Sharon Neff has been a volunteer for Life with Cancer. Her best friend's mother started the organization, and her husband Wes helped during its annual Lobsterfest fund-raiser.

Little did she think that, one day, she and her family would receive help from it, themselves. But on Feb. 2, Wes died of cancer at age 53. And now, the Virginia Run Turkey Trot — whose proceeds go to LWC — will be run in his honor.

"We were married 28 years, and he was the most genuine, kind, strong, steady and confident person," said Sharon Neff. "He worried about others before himself. He was funny, wacky and impulsive — we laughed all the time — but he was also grounded and accessible and always ready for a hug."

They've lived in Virginia Run 22 years and are the parents of daughter Kara, 24, a 2010 Virginia Tech grad; and sons Sean, 22, who works at Ourisman Chantilly Kia; and Jake, 20, a freshman at Radford. All three graduated from Westfield High.

"Wes always told us how much he loved us, and we all loved to be around him," said Neff. "People gravitated to him." She said he liked rising early, going out for coffee, doing errands and seeing who else was up and about, and Kara often joined him.

"He was nonjudgmental and gave us unconditional love," said his wife. "He taught us something every day, but by example, not by lecturing us. We respected and admired him — he was our hero on every level."

For 30 years, he owned a wholesale/retail landscaping-material supply company. He loved the beach, fishing, motorized vehicles and spending time with his children. He was also a talented golfer with a close group of about 20 friends he'd known since grade school.

"They have an annual golf tournament, each May, in Bethany Beach, Del.," said Neff. "This year, his friends gathered and shot golf balls into the ocean in his memory, and Sean and Jake were there. They gave our family lots of love and support while we were going through [Wes's illness and treatment] and after he died. They were really there for us."

Wes Neff had duodenal cancer that was discovered in October 2009. "It started as diverticulitis and, after being treated for five months, he still had pain in his abdomen," said Sharon Neff. "Doctors found his cancer after his third CAT-Scan. He then had chemotherapy and radiation, but it spread to his liver and then to his bones, in the last months."

During the whole ordeal, she said, "He never complained or was angry or bitter. In the hospital he said, 'I'm at peace with this.' I kept believing he'd beat it and we could keep fighting it. I wasn't going to give up on Wes. But I think he knew how bad it was — yet he was comforting us."

Wes died at home and, the last four days of his life, his wife, children, sisters and friends all stayed



From left are Sean, Kara, Wes, Sharon and Jake Neff at Kara's 2010 graduation from Virginia Tech.

at his house. "He had all of us around him when he passed away, so he left knowing how much he was loved," said Neff. "The kids and I were all in the bed with him."

Her mother died of cancer when she was 19 — the same age Jake was when his father succumbed. "So I know what he's going through," she said. "He's trying to take care of his surviving parent, but needing to move on. They're all great kids and have just been phenomenal."

Since her husband died, said Neff, "We've all changed and grown, but we miss him. He was the greatest person we knew, and I learned from him. Wes was the one person I wanted to emulate; he knew how to live life, be happy and content and enjoy people, and I want to continue living my life that way to honor him."

She and Kara have run in the Turkey Trot before, and although their grief is still fresh, Neff is pleased that this year's event is dedicated to Wes. "A lot of his friends and family will participate, and then we'll come back to our house for a Thanks-

giving breakfast and a salute to Wes. It'll be a nice way to remember him."

"It's tough without him," she continued. "But I talk to him every day, and we know he's close and is watching us. He was a gift, and we were blessed to have him in our lives."

She's also glad that Life with Cancer will benefit from the race proceeds. "They helped us so much when Wes received his diagnosis and were right there helping us do all the things we needed to do," said Neff.

"And that's what [LWC] does — help people navigate through it all," she said. "Thank God for that because, after the diagnosis, we were numb. But they guided and counseled us and helped us develop a plan of action when our lives were spinning out of control."

LWC offers an array of free programs, and the Neffs attended its grief-counseling sessions after Wes died. "It's made such a big difference to me," said Neff. "Everyone there understood what I'd been through. I've seen how [LWC] has helped people, and now I'm seeing firsthand what a phenomenal organization it is. You can't do it alone, so I encourage anyone needing their support to contact them."

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ROUNDUPS

## Fair Lakes Interchange Detour

No left turns will be permitted from Fair Lakes Parkway onto Fairfax County Parkway for the next several months. In addition, a major traffic switch and four-month detour begin this weekend at the intersection of those parkways where VDOT is building an interchange.

Weather permitting, from Friday, Nov. 18, at 9 p.m., until Saturday, Nov. 19, at 9 a.m., the Fairfax County Parkway will be reduced to one lane between I-66 and Route 50 while crews shift traffic onto newly constructed ramps.

Motorists heading to the Fairfax County Parkway from Fair Lakes Parkway or from Monument Drive will follow the posted detours. As part of the new traffic pattern, the speed limit will be reduced on the Fairfax County Parkway between Route 50 and I-66 to 40 mph until December 2012.

For the next four months, drivers traveling east and west on Fair Lakes Parkway will be prohibited from turning left onto the Fairfax County Parkway and will be detoured through Fair Lakes Circle. Traffic on the Fairfax County Parkway will be able to access Fair Lakes Parkway.

Beginning Nov. 19, the through movement on Fair Lakes Parkway across the Fairfax County Parkway — which has been prohibited since July — will be restored. In the event of bad weather, the work will take place Saturday night into Sunday morning, Nov. 19-20, and/or Sunday night into Monday morning, Nov. 20-21.

## Attend and Learn about Community Leadership

Supervisor Michael R. Frey (R-Sully) will host a Community Leadership Institute on Saturday, Nov. 19, from 8:30 a.m.-12:30 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly. Community leaders and Sully District residents will learn about emergency planning, public safety, code enforcement and community leadership.

“The Sully District has always had strong community leadership, and this institute builds on that asset,” said Frey. “The more information residents have, the better they’re able to support each other and their neighborhoods.” To RSVP, call 703-814-7100 or contact [sully@fairfaxcounty.gov](mailto:sully@fairfaxcounty.gov). Breakfast will be provided.

## Recycle During Electric Sunday

Residents may recycle old TVs, computers, peripheral electronic devices — such as keyboards, speakers, printers and scanners, as well as household hazardous wastes — including fluorescent light bulbs and tubes, for free, during Fairfax County’s “Electric Sunday” events. The next one is slated for Sunday, Nov. 20, from 10 a.m. - 3 p.m., at the I-66 Transfer Station, 4618 West Ox Road in Fairfax. For more information, call 703-324-5052.

## Getting Around without Cars

The Centreville Car-Free Mobility Forum to discuss biking, walking and public transit will be held Monday Nov. 28, at 7 p.m., at the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly. Speakers will include Bruce Wright and Fionnuala Quinn of Fairfax Advocates for Better Biking; Mike Coyle of Sully District government on public transit; and Stephen Vandivere on walking from home to local shopping centers.

“Walking, biking, and public transit will become more important as fuel prices for autos increase due to peaking, world-oil production,” said Jackson Harper of Transition Centreville, hosting the forum. “The Centreville and Clifton communities don’t have sufficient walking and biking paths and lanes, nor public transit facilities for car-free mobility.”

“Ideally, Metro rail would be extended to Centreville, coordinating with expanded bus routes,” he continued. “Biking and walking paths would be developed to connect residences with shopping centers.”

Now is the time to consider our responses to the local transportation difficulties that lay ahead.” For more information, call Harper at 571 208 9245.



Kindergartners in teacher Helen Arzola’s Spanish-immersion class dance the me rengue.



(From left) Principal Sigrid Ryberg and teacher Anna Feil with a display of Polish paper cutouts, dolls and Easter eggs.

## London Towne International Night

Featuring students from 24 different countries, London Towne Elementary recently held its International Night with food, displays and entertainment.



Kindergartner Sahar Kaker, 5, wears a traditional outfit from Kabul, Afghanistan.



Serving South Korean food are (from left) Ji Eun Kim and Jee Hyun Lee.



Kindergarten Spanish-immersion students dance the tango.



Jose and Rosemary Aguilar with daughter Juliane (fifth-grader in center) display products made in Bolivia.



Second-grader Paolo Borda performs a Bolivian dance.



From left: Twin sisters (and third-graders) Sanyuk and Sanjana Thoa do a South Indian dance.

## Labor Resource Center To Open Dec. 5

BY BONNIE HOBBS  
CENTRE VIEW

For a long time, members of the Centreville Immigration Forum have worked to provide a safe place where the community’s day laborers could connect with employers to find jobs. It would take the laborers off the streets by the library and shopping centers and make sure they’d be paid fairly for an honest day’s work.



Foltz

And now, the once-distant vision of CIF President Alice Foltz, the CIF members and local day laborers is finally reaching fruition. The Centreville Labor Resource Center will open for business Monday, Dec.



Moser

5. “It’s an exciting time and the fulfillment of a dream,” said Foltz. “This shows that problems can be resolved if people work together with open minds and open hearts.” The center is at 5956 Centreville Crest Lane, beside Brick Pizza, on the lower level of the Centreville Square Shopping Center. It faces Route 29 and the Route 28 on-ramp. It’ll be open Monday-Saturday, from 6 a.m.-noon. CIF volunteers will participate in the day-to-day operation, under the guidance of a full-time, professional director, Shani Moser.

“I want this to be a place of confidence, security and stability that becomes part of the daily routine

SEE CENTER, PAGE 11



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# Where Science and Business Collide

**New master's degree programs address employer demand for more science and math knowledge.**

BY MARILYN CAMPBELL  
CENTRE VIEW

Some call it the new MBA. Others say it is one of the keys to employability in a difficult economic environment. Meet the professional science master's degree, a relatively new, two-year graduate degree that combines advanced training in science or math with business skills often desired by employers.

Professional science master's degrees are designed to address what forecasters say is a future of economic growth and job creation driven by advances in science, technology, engineering and mathematics [STEM] education at many levels.

"A master's degree in a STEM field often offers a clear pathway to professional employment and career success — even in a difficult job market," said Debra Stewart, president of the Council of Graduate Schools. The Council of Graduate Schools conducted a study of graduates with professional science master's degrees and found that 82 percent were employed. More than 55 percent of those were earning \$50,000 or more.

Like many other professional master's degree programs, PSMs are structured to meet the needs of working adults.

"Most of our graduate students are part-time students," said Michelle Marks, associate provost of Graduate Education for George Mason University, and an Oakton resident. "There is a market of students who are interested in graduate school and are working full time and don't want take a break in their careers to go to graduate school."

The concept of designing graduate degrees around needs of working professionals is not new. "The motivation for a lot of these programs is access," said Carol B. Lynch, senior project director, Professional Master's Programs Council of Graduate Schools. "When you look at the ads that you see on the Metro and in the newspapers, they are really targeting people who are working and want to advance but don't have the luxury to take time off to go to a more traditional program."

According to the National Professional Science Master's Association (NPSMA), schools in the Washington, D.C., region offering PSM degrees are George Washington University, University of the District of Columbia, American University and University of Maryland University College. Georgetown University and Virginia Tech formed a partnership and created a PSM program in Biomedical Technology Development and Management.



PHOTO COURTESY OF GEORGE MASON UNIVERSITY

**Students study at George Mason University's Arlington Campus. Many professional master's degree programs are structured to meet the needs of working adults.**

"[George Mason] is currently developing programs that will likely be PSMs that combine science courses with management [and] workplace skills," said Marks.

PSM programs, which often include internships and training in workplace skills, are generally developed in coordination with employers, including nonprofit organizations, businesses and government agencies. Both George Mason University and George Washington University offer professional studies classes at their Arlington campuses.

"We do a lot of market research, and we also have advisory boards and professional groups that we talk to about what is actually needed [in the workplace]," said Kathleen Burke, Ph.D., dean of the College of Professional Studies at George Washington University. "Then we can create programs based on what we know are specific needs."

Unlike traditional graduate science programs, PSM programs are generally terminal; they do not lead to a Ph.D.

"[Part-time] programs are really geared towards people achieving a breadth of business knowledge and then moving into the workforce," said Marks, "as opposed to a more traditional master's program where people may very well move onto a Ph.D."

Are professional degrees like the PSM less rigorous than their traditional counterparts? Just because the courses are offered nights and weekends doesn't mean that the program is less strenuous, university officials said. "Our programs are very high quality. They are selective," said Burke. "They have admissions requirements and standards that are very comparable to other graduate programs. — We don't admit very many students into our programs."

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PHOTO BY GREG E. MATHIESON, SR./A1 PHOTO NEWS AGENCY, INC.

The starting line of the 2010 Virginia Run Turkey Trot.

# Line Up for Turkey Trot

FROM PAGE 1

grams are for those with cancer and those affected by it, and children and teens learn how to cope and to show their support of loved ones.

Each Turkey Trot is run in memory of a Virginia Run resident who succumbed to cancer during the year. This one is in honor of long-time resident Wes Neff, who died in February at age 53.

The 2011 Turkey Trot 5K kicks off at 8 a.m., followed immediately by the 2K fun walk. The running course is USATF-certified; both it and the 2K start and end at the Virginia Run Community Center, 15355 Wetherburn Court, off Route 29 and Pleasant Valley Road, in Centreville.

Register at [www.virginiarun.com/turkeytrot](http://www.virginiarun.com/turkeytrot). Entry fee is \$30, runners; and \$20, walkers. There's NO race-day registration for the run, but walkers may still sign up. The fee includes a commemorative T-shirt, post-race snacks and raffle participation.

"The last two years, we had short-sleeved shirts," said DeVincenzo. "But this time, they're white, long-sleeved shirts decorated with a picture of a turkey wearing running shoes." The shirt was designed by Sabrina Yedigarian, who majored in graphics design at GMU and is the future daughter-in-law of race-committee member Mary Mitchell.

The event takes place, rain, shine or snow, and parking is available at nearby Centreville Baptist Church, Centreville Presbyterian Church, Bull Run Elementary and Korean Central Presbyterian Church (KCPC), all off Route 29.

Runners are electronically timed and results posted on [www.pacers.com](http://www.pacers.com).

Prizes will be awarded to the three fastest males

and females overall and in the Virginia Run residents' category. The top three runners in various age categories also receive prizes.

The main sponsor is Mitchell Eye Institute. Other major sponsors are Ourisman Chantilly Toyota, Edelman Financial Services, KCPC, Virginia Runner, Elan Tech Systems Inc., Odyssey Travel and American Windows and Siding of Va. Inc.

Race preparations have been underway since May and 150 people will help out on the big day. For example, Greg Richter is the announcer and is in charge of the raffle; and Virginia State Trooper Dean Jones helps with traffic and crowd control.

But volunteers are still needed for race day and to help stuff the runners' packets and do other needed tasks, at the community center, this Saturday, Nov. 19, from 9 a.m.-noon; Tuesday, Nov. 22, from 6-8:30 p.m.; and Wednesday, Nov. 23, from 2-8 p.m. Call DeVincenzo at 703-830-7634.

In his 18<sup>th</sup> year as Turkey Trot chairman, for DeVincenzo, what the event stands for is personal to him. "Both my parents passed away from cancer, so I got involved with the race at the suggestion of my wife," he explained. "It's grown from a small, community race to a significant, fund-raising event for Life with Cancer and for those suffering from it, and their families."

Excited about this year's Turkey Trot, he's expecting a large crowd to come out and cheer on their friends and relatives. "It's a good, community event," said DeVincenzo. "And virtually everyone knows someone, or has had someone in their family, who's battled cancer. So it's touched a lot of lives, and this race raises money to help them."

## Thanksgiving Food Sought for Needy Families

Salon Antoine in Fairfax is collecting food donations, now through Nov. 19, at its salon and spa for the annual Thanksgiving Food Drive of the Knights of Columbus, Father Julius J. Cilinski Council 10947. Salon Antoine is at 11092 Lee Highway, 101-A.

Donations will be delivered, Nov. 20, to Saint Andrew the Apostle Catholic Church in Clifton for pick-up by the Knights of Columbus. The food will then be assembled into complete Thanksgiving-dinner boxes for the needy of Saint Andrew Parish and the surrounding communities.

Residents and businesses wishing to donate food may bring any of the following items to Salon Antoine: Canned gravy, corn, sweet potatoes, cranberry sauce, peas and green beans; packaged stuffing and dinner rolls; instant mashed potatoes; oranges; apples; holiday cookies; apple juice or cider; and fresh pumpkin or fruit pies.

To donate a 10-12-pound frozen turkey, either contact Auwaerter at [james.auwaerter@gmail.com](mailto:james.auwaerter@gmail.com) or bring it to St. Andrew Catholic Church, 6720 Union Mill Road, on Sunday, Nov. 20, between 8-11:30 a.m.

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## Give Locally

The need has never been greater.

As the holidays approach, many nonprofits that provide holiday meals, food support and other services for people in need are reporting that they are overwhelmed.

More than 45,000 students in Fairfax County Public Schools are from families poor enough to qualify for free or reduced priced meals. That's more than 25 percent of students in the schools. In Arlington, 34 percent of students are poor enough to qualify for free or reduced meals. In the City of Alexandria, more than 54 percent of students are poor.

In Fairfax County, 46,000 live below the poverty line; more than 80,000 have no health insurance.

In Northern Virginia, thousands are unemployed and many more are underemployed. Among the homeless in Northern Virginia, many are working poor, families with at least one wage-earner who doesn't make enough to pay for housing for the family.

In this environment, more and more people are turning to food pantries for part of every month. And it's not surprising that many, many families will have little to offer in holiday cheer and holiday gifts for children without the help of organizations and individuals. It's hard to imagine, but there are hundreds of children in the area who would not receive a single holiday present without the help of a charitable organization.

If you're reading this paper, chances are that you are among the people at the other end of the spectrum, trying to devise methods to keep the holidays more modest. One way to do this is to help your children understand how lucky they are with a glimpse at the needs of others right here.

There are many ways to give, with some local charities connecting the donor to a specific family to provide a holiday food basket and fulfill some wishes for gifts. Many organizations encourage the donation of gift cards. Every local group seeking to help the needy right now is facing extra demand and needs both volunteer and financial help.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

### Where To Give

This is a partial list of charities helping those in need during the holidays and beyond. Let us know about other organizations not listed here.

Additional nonprofits can be found listed on the local Catalogue for Philanthropy website, <http://www.catalogueforphilanthropy-dc.org>. Click on "how to give."

**Jeanie Schmidt Free Clinic**, 13525 Dulles Technology Drive, Herndon, VA 20171, 571-235-3577, [jsfreeclinic.org](http://jsfreeclinic.org) Last year 139 community

volunteers — nurses, nurse practitioners and physicians — gave more than 1,300 hours of their time to see patients.

**LINK**, serving Herndon, Chantilly, Loudoun and more, needs contributions of food, coats and holiday toys for children, plus volunteers. Email Lisa Lombardozzi at [LisaLombo@signaturecos.com](mailto:LisaLombo@signaturecos.com). (703) 437-1776 [www.linkagainsthunger.org](http://www.linkagainsthunger.org)

**Northern Virginia Family Service**, Oakton, 703-385-3267

Food for Others, 2938 Prosperity Avenue, Fairfax, 22031, 703-207-9173

**National Capital Food Bank**, 6833 Hill Park Drive, Lorton, serving all of Northern Virginia, 703-541-

3063, [www.capitalareafoodbank.org](http://www.capitalareafoodbank.org)  
**Western Fairfax Christian Ministries**, food pantry at 13981 Metrotech Drive in Chantilly (near Backyard Grill and Bar). For more information or to sponsor a family, call 703-988-9656, ext. 105. To mail gift cards or send donations by check, add a note saying "food basket program" and send them to: WFCM, P.O. Box 220802, Chantilly, VA 20153. 703-988-9656

**Our Daily Bread**, 10777 Main Street #320, Fairfax, 703-273-8829

**Shelter House**, [www.shelterhouse.org](http://www.shelterhouse.org), operates two homeless shelters in Fairfax County, in Centreville and Seven Corners. 571-522-6800

## Scouts Gather 55,000 Pounds of Food

The annual Scouting for Food drive was held Saturday, Nov. 12. Local residents donated canned and dry food items, and Scouts and other volunteers picked it up. It was then sorted at a warehouse in Chantilly and brought to the Western Fairfax Christian Ministries (WFCM) food pantry.

More than 55,000 pounds of food was collected, and more than 1,000 Boy Scouts plus 900 other volunteers — including adults, Girl Scouts and other groups — participated.



Sorting canned goods are (from left) Westfield High freshmen India Mazzaro, Megan Anderson, Carolyn Perkins, Sierra Knott and Jordan Latham. All but Mazzaro are members of Girl Scout Troop 1100.



Westfield High students who are members of Girl Scout Troop 28 (from left) Pareesa Madjd, Natalie Balderston, Mary Perkins, Amber Swensen, Abby Collins, Allison Jackie and Neda Ghodsi help sort canned goods.



From left: WFCM's Amy Bejtlich and daughter Elise, 7, and WFCM's Sue Hern and daughter Megan, a Franklin eighth-grader, sort dry goods together.



From left: Stone Middle seventh-grader Tony Weinheimer, Rocky Run Middle seventh-grader Robert Sallberg and Stone eighth-grader D.J. Treat break down boxes in the warehouse. Tony and D.J. belong to Boy Scout Troop 893, and Robert is in Troop 146.



Unpacking a box of food are (from left) Franklin Middle eighth-graders Clay Morgan, Jalen Thurman and Kevin Dinneen.

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A Connection Newspaper

# ENTERTAINMENT

## THURSDAY/NOV. 17

**Operation School Bell Weekend.** 10 a.m. Join the Assistance League of Northern Virginia in assembling food packages for distribution to children in 3 Title 1 schools. At the Sully District Police Department, 4900 Stonecroft Blvd., Chantilly. Visit [www.northernvirginia.assistanceleague.org](http://www.northernvirginia.assistanceleague.org) or phone: Linda @703-591-2312.

## FRIDAY/NOV. 18

**Swing Dancing.** 9 p.m. to midnight. Admission is \$20/advanced; \$25/door. With London's Jive Aces. Drop-in beginner swing lesson at 8:30 p.m.; dancing from 9 p.m. to midnight. At the Hilton Washington Dulles Airport Hotel, 13869 Park Center Road, Herndon.

## NOV. 18-19

**"Richard III."** Show times are Friday-Saturday, Nov. 18-19, at 7:30 p.m.; Sunday, Nov. 20 at 2 p.m. Director is Dan Crane of The Shakespeare Theatre in Washington, D.C. Seating is reserved and tickets are \$10 in advance at [www.westfieldtheatreboosters.com](http://www.westfieldtheatreboosters.com) or \$12 at the door. Call 703-488-6439.

## SATURDAY/NOV. 19

**Harvest Creations.** 1 p.m.; 2 p.m.; 3 p.m. Experience harvest time as they might have in the early 19th century. Hear about the African American slaves who worked at Sully harvesting crops. Use traditional supplies and practice candle dipping, making beaten biscuits and wheat weaving. At Sully Historic Site, 3650 Historic Sully Way, Chantilly. Call 703-437-1794.

**St. Timothy Fall Craft Fair.** 9 a.m. to 3 p.m. There will be over 100 artisans showing their crafts, a raffle, a gourmet bake sale (just in time for Thanksgiving!), a used book sale featuring best sellers and 1000's of the latest titles, and a Santas workshop. Free parking and free admission. At 13809 Poplar Tree Road in Chantilly. Call Tara Pollock at 703-327-3476. Visit [www.sainttimothyschool.org](http://www.sainttimothyschool.org).

**Holiday Craft Boutique.** 10 a.m. to 4 p.m. More than 100 vendors, handcrafted items, food, silent auction, cake decorating contest. Kids Activities: Play Zone, Scavenger Hunt, Santa (11 a.m.-2 p.m.), Free Child Identification & Fingerprinting by Fairfax County Sheriff's office. Sponsored by the Belvoir Officers' Spouses' Club. \$4 admission; \$6 family admission. At George Mason University Field House, intersection of Ox Road and University Drive, Fairfax. For more info [Boscfundraiser@gmail.com](mailto:Boscfundraiser@gmail.com) or [www.belvoirosc.org](http://www.belvoirosc.org)

## NOV. 19 AND 20

**"Kingdom of Sweets."** Tickets are \$18/general admission; \$15/students. Girl Scouts are \$10. Saturday, Nov. 19 at 7:30 p.m.; Sunday, Nov. 20 at 2 p.m. Presented by students from the Joan Izzo Academy of Dance. At the Theatre at Chantilly High School, 4201 Stringfellow Road, Chantilly. Call 703-327-8402 or visit [www.joanizzodance.org](http://www.joanizzodance.org).

**The 25th annual City of Fairfax Holiday Craft Show** is slated for Saturday, Nov. 19, from 10 a.m.-5 p.m.; and Sunday, Nov. 20, from 10 a.m.-3 p.m., at Fairfax High School, 3501 Rebel Run in Fairfax.

## SUNDAY/NOV. 20

**Baking Fresh Bread.** 10 a.m. Make at least two kinds of bread from historic recipes, and churn butter. Take home slices of bread you make and a container of preserves. Class limit to 10 participants. Experienced open hearth cooking instructor. At Sully Historic Site, 3650 Historic Sully Way, Chantilly. Call 703-437-1794.

**Book Signing.** 1 p.m. to 3 p.m. Author Rene' Palmer Armstrong will sign copies of Wings and a Ring; Letters of War and Love from a WWII Pilot. At Caribou Coffee, 11947 Grand Commons Ave., Fairfax.

## MONDAY/NOV. 21

**Chantilly's Got Talent.** 7 p.m. Tickets are \$5. The Chantilly High School Peer Helping Program has partnered with the Chantilly Drama Boosters to host Chantilly's Got Talent. It will be a family friendly night full of various talent acts, games, and food in order to raise funds for Helping Children Worldwide. The show will consist of both teacher and student performances and will also include "minute to win it" games. At Chantilly High School auditorium.

**Centreville Garden Club.** 7 p.m. Learn to create Thanksgiving centerpieces at the Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Visitors welcome and bring bouquet of flowers plus container. Learn more at [centrevillegardenclub.blogspot.com](http://centrevillegardenclub.blogspot.com) or [centrevillegardenclub@gmail.com](mailto:centrevillegardenclub@gmail.com). Call 703-815-1722.

**Assistance League of Northern Virginia.** 9:30 a.m. Learn about its philanthropic programs and how it helps the community. At the Sully District Police Station, 4900 Stonecroft Blvd., Chantilly. Call Linda at 703-591-2312 or go to [www.northernvirginia.assistanceleague.org](http://www.northernvirginia.assistanceleague.org).

**Scarf Tying Made Easy.** 7 p.m. Free. Leigh Anne Monk, a real estate agent, will demonstrate unique and easy techniques for tying scarves. At the meeting of the GFWC-Western Fairfax County Woman's Club (WFCWC). Meets at the Greenbriar Community Center, 4615 Stringfellow Road, Chantilly. Call 703-378-8551 or [westernfairfaxcountywc@gmail.com](mailto:westernfairfaxcountywc@gmail.com).



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11 a.m.- 4 p.m., Thurs., Nov. 24

Featuring:

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Featuring:

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11:00 AM to 4:00 PM

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Pineapple Glazed Virginia Baked Ham  
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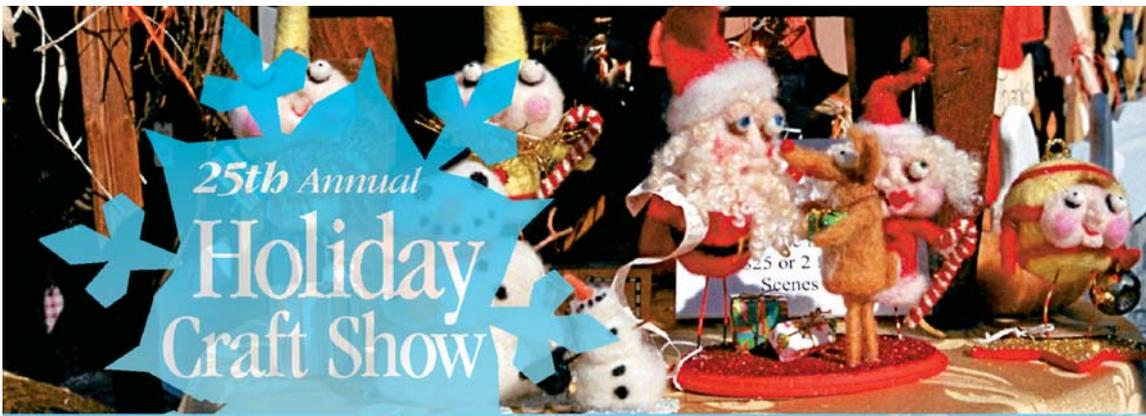
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## The Most Popular Art & Craft Show in the Greater Metropolitan Washington DC area!

**Saturday, November 19, 2011, 10am - 5pm**  
**Sunday, November 20, 2011, 10am - 3pm**  
**Fairfax High School, 3501 Rebel Run**

- A Two Day Indoor Show with over 200 juried crafters and gourmet food vendors.
- Admission - \$5 per day, \$8 for a two day ticket. Under 18 years free.

For more information: 703.385.7858 [www.fairfaxva.gov](http://www.fairfaxva.gov)



## HOLIDAY GUIDE

# How To Help Our Neighbor's Child

❖ Warm, winter clothes are especially needed. To "adopt" a child and purchase his or her specific clothing needs, e-mail Denise McInerney at [volunteer@ourneighborschild.org](mailto:volunteer@ourneighborschild.org).

❖ Groups or businesses can collect gift cards to donate. Especially popular with teens are Target, Wal-Mart and iTunes gift cards. If companies would consider collecting gift cards or making donations, ONC members would have the flexibility to either buy the gifts, themselves, or purchase gift cards — especially for the clothing items so desperately needed, but difficult to choose, for teen-agers.

❖ Visit the giving tree inside the Fair Lakes Wal-Mart, on Saturday, Dec. 3, purchase an item or two written on the paper ornaments and drop them, unwrapped, into the ONC gift-collection box outside the store, with the ornament attached. ONC volunteers will be there from 9 a.m.-4 p.m., that day, but the giving tree will be inside the store until Dec. 11.

❖ Also on Saturday, Dec. 3, bring toys, books, games, and new or like-new clothing to Stone Middle School, where they'll be collected until 1 p.m.

❖ Volunteers are needed Sunday, Dec. 11, from noon-2 p.m., to help set up the warehouse. Contact Jean Novak at [volunteer@ourneighborschild.org](mailto:volunteer@ourneighborschild.org).

❖ Each family receiving gifts from ONC will also receive a box of homemade cookies. And with so many families getting gifts,

some 20,000 cookies will be needed.

Anyone wishing to bake cookies for the families should drop them off Thursday, Dec. 15, from 10 a.m.-4 p.m., at the Virginia Run Community Center, 15355 Wetherburn Court, off Route 29 and Pleasant Valley Road, in Centreville. The type of container doesn't matter; they'll all be repackaged into assortments. Contact Pam Ryan at [volunteer@ourneighborschild.org](mailto:volunteer@ourneighborschild.org) with any questions.

❖ Packaging Day is also Dec. 15, when hundreds of volunteers will be needed to help match up each item to the children's wish lists provided by the recipient parents.

❖ Delivery Day is Sunday, Dec. 18, from 1-4 p.m. People interested in volunteering for either packaging or delivery should go to [www.ourneighborschild.org](http://www.ourneighborschild.org).

❖ To volunteer for any part of this effort or to reach someone in charge of a particular portion, e-mail [volunteer@ourneighborschild.org](mailto:volunteer@ourneighborschild.org) and the e-mail will be redirected to the proper person.

❖ Financial contributions are also needed. Either mail checks payable to Our Neighbor's Child to: Karen Moore, Treasurer, Our Neighbor's Child, P.O. Box 276, Centreville, VA 20120, or make donations via the "donate now" link on the ONC Web site, [www.ourneighborschild.org](http://www.ourneighborschild.org). One hundred percent of all monetary contributions is used to buy gifts for the recipient families.



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Find helpful hints for managing the holidays and navigating winter blues on the Goose Creek Coaching blog at [goosecreekcoaching.blogspot.com](http://goosecreekcoaching.blogspot.com)



Visit our website to find out more about and contact one of our coaches, psychiatrists or other clinicians  
[www.goosecreekconsulting.com](http://www.goosecreekconsulting.com)



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## HOLIDAY GIFT

# Holiday Gift Drive in Full Swing

FROM PAGE 1

nity will respond. I believe we make our community a better place by remembering our neighbors and lifting them up through the tough times. I look forward to the day when their situations improve and they're able to experience the joy of helping others."

There are many ways people may lend a hand — whether by volunteering to help deliver presents, baking cookies or simply picking a name or two off the giving trees in local churches, schools and businesses, buying the requested gifts and bringing them back to the trees.

**MORE THAN** two dozen ONC project leaders, plus a fleet of volunteers, work to make the whole effort possible. Chris Hobbs has contacted more than 55 churches, schools and local businesses who've agreed to host giving trees or gift drives for ONC. Holly Cameron coordinates with dance teams, sports teams and youth groups and would welcome an e-mail from any new group wanting to get involved.

For example, schools or Scouting groups may help by holding a simple drive for items such as mittens, hats, crayons and safety scissors. "We just heard that, even though many kids receive new backpacks with school supplies in them, those are kept at school," said Lavin. "As a result, these kids turn in their artwork assignments in pencil because they don't have crayons or markers at home. So this would be a great drive for students needing service hours to organize."

**ALSO NEEDED** are groups, individuals and organizations willing to purchase some of the more-expensive items, such as video games and bicycles. Monetary donations, either by check or online at [www.ourneighborschild.org](http://www.ourneighborschild.org), are especially welcome because they enable the ONC volunteers to purchase these items for the children.

"Denise McInerney, our clothing coordinator, would love to hear from anyone who would like to "adopt" a family's clothing needs," said Lavin. "As always, the teen-agers are most in need of clothing. Some of their wishes are easy enough to put on giving trees; but in most cases, it takes a little extra shopping care."

To help in any way with any portion of ONC's holiday gift-giving, or to reach a project leader, e-mail [volunteer@ourneighborschild.org](mailto:volunteer@ourneighborschild.org).

An easy way to donate children's gifts is via Stone Middle School's fourth annual Panther Pick-Up. Members of its National Junior Honor Society will deliver flyers in Centreville's Sully Station area, this weekend, explaining what's needed, and will pick up the donated gifts from people's front doors on Saturday, Dec. 3, from 9 a.m.-noon.

Toys, games, books and new and like-new clothing may also be brought to the school that day until 1 p.m.

Also on Dec. 3, inside the Fair Lakes Wal-Mart will be a giving tree decorated with paper ornaments containing the age and sex of a child and the item he or she wants for Christmas.

Residents may then purchase it and place it, un-

wrapped, in the big, ONC gift box outside the front of the store from 9 a.m.-4 p.m. But the giving tree will remain in the store until Dec. 11.

**IN ADDITION**, Paisano's Pizza has partnered with Our Neighbor's Child and will have a giving tree in each of its 11 locations, including Bella Pizza in Centreville's Pickwick Shopping Center on Route 29. From now until Dec. 8, customers may drop off any new item or take an ornament containing the gift wish from a specific local child, buy that gift and return it unwrapped with the ornament to that Paisano's location by Dec. 10. Donations may also be made at [www.pizzapaisanos.com](http://www.pizzapaisanos.com); click on the Our Neighbors Child link for instructions.

Fouad Qreitem, Paisano's CEO and president, is delighted to participate. "I am going to take some of these special ornaments and, with my wife and children, will go Christmas shopping for the less fortunate children," he said. "I want to thank all of you in advance for joining me in this worthwhile cause that will directly affect children in our area."

In turn, Lavin's grateful for his participation, as well as for the continued help of legions of local high-school students who do a multitude of tasks.

"We couldn't do this without the support of Centreville, Chantilly and Westfield high school students," she said. "They literally run our gift warehouse and make it possible to sort and package all the gifts."

Westfield's Interact club will again be decorating ONC's warehouse space, and the school's football team will be unloading the trucks. The boys lacrosse team will help load cars on delivery day, and the basketball team will help ONC move out of the warehouse at the end.

Chantilly High is running a gift wrap drive at its home basketball games.

Centreville High SGA students will be baking cookies, and members of its football team will load gifts collected at the Panther Pick-Up onto trucks for transport to ONC's warehouse.

**SINCE RECIPIENT FAMILIES** also receive a box of homemade cookies with their gifts, ONC is also soliciting them from area residents. "We need cookies, cookies and more cookies," said cookie coordinator Pam Ryan. "Folks can bake any type in any amount, and no special packaging is required — Ziplock bags and paper plates work just fine."

Drop-off date is Thursday, Dec. 15, from 10 a.m.-4 p.m., at the Virginia Run Community Center, at the corner of Route 29 and Pleasant Valley Road in Centreville.

Some 20,000 cookies are needed, so Ryan is hoping local residents will come through and lend a hand. For more information, contact her at [volunteer@ourneighborschild.org](mailto:volunteer@ourneighborschild.org).

Every volunteer plays a vital role, and each is glad to do it. "I really support the work national organizations do; but sometimes, I feel that we forget our families here at home," said ONC project leader Jenny Bowen. "And the more lives we impact at home, the more lives we'll have to impact the rest of the world."

**"For 20 years, we have been so blessed that this community has come forward and allowed us to serve 100 percent of the families referred to Our Neighbor's Child."**

— ONC Executive Director Kelly Lavin

OUR SPECIAL INVITATION  
**CHAMPAGNE HOLIDAY BREAKFAST**  
**SATURDAY, DECEMBER 3, 2011**  
**8 A.M. TO 12 NOON**  
 START EARLY AND ENJOY STOREWIDE SAVINGS DURING OUR PRE-OPENING HOURS. WE'LL HELP YOU WRAP UP THE BEST GIFTS FROM OUR COLLECTION OF APPAREL, ACCESSORIES, GIFTS AND HOME ACCESSORIES. WE SPECIALIZE IN STOCKING STUFFERS FOR MEN, WOMEN, AND KIDS.



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### Be a Part of CHILDREN'S (& TEENS') CENTRE VIEW

Every year between Christmas and New Year's, Centre View turns its pages over to the contributions of local students. We are seeking artwork, photography, poetry, opinions, short stories and reflections. We welcome contributions from public schools, private schools and students who are home schooled.

E-mail to: [centreview@connectionnewspapers.com](mailto:centreview@connectionnewspapers.com), or mail (.jpg and text files on disc only) by Nov. 30, to 1606 King St., Alexandria, VA 22314. Please be sure to include the student's name, age, grade, school and town of residence along with each submission. For information, call 703-778-9410.

**CENTRE VIEW**

**Your Local Upscale Resale Store**



Shop at The Treasure Hound resale store this holiday season, where you'll find a variety of beautiful treasures at great prices.

Tax-deductible donations are accepted during store hours.

Adopt, Donate, Volunteer... and Shop!

All proceeds benefit Friends of Homeless Animals, a no-kill shelter for cats and dogs.

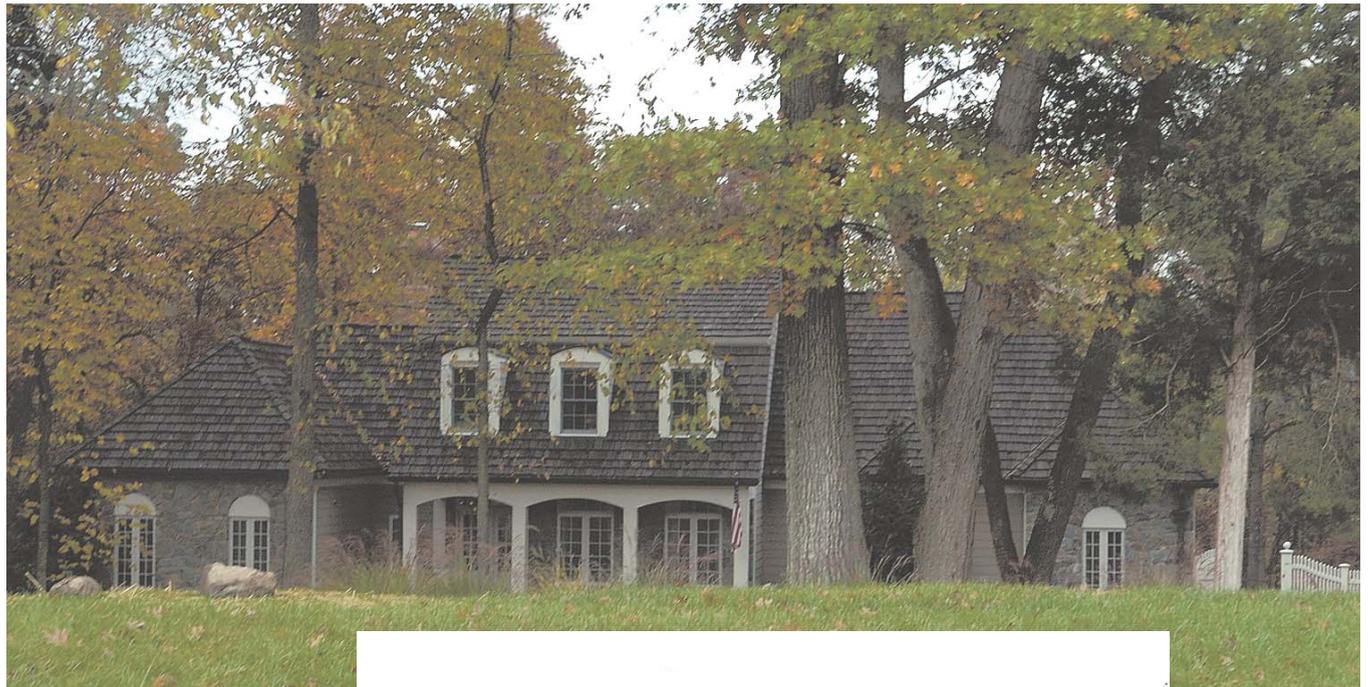
**The Treasure Hound**  
 14508-D Lee Rd,  
 Chantilly, VA  
 (Corner of Rt. 50 and Lee Rd.  
 One light West of Rt. 28)

**FRIENDS OF HOMELESS ANIMALS**  
[www.foha.org](http://www.foha.org)

# Local REAL ESTATE

## Some Top Sales in September

**4** 15416 Kentwell Circle, Centreville — \$630,000

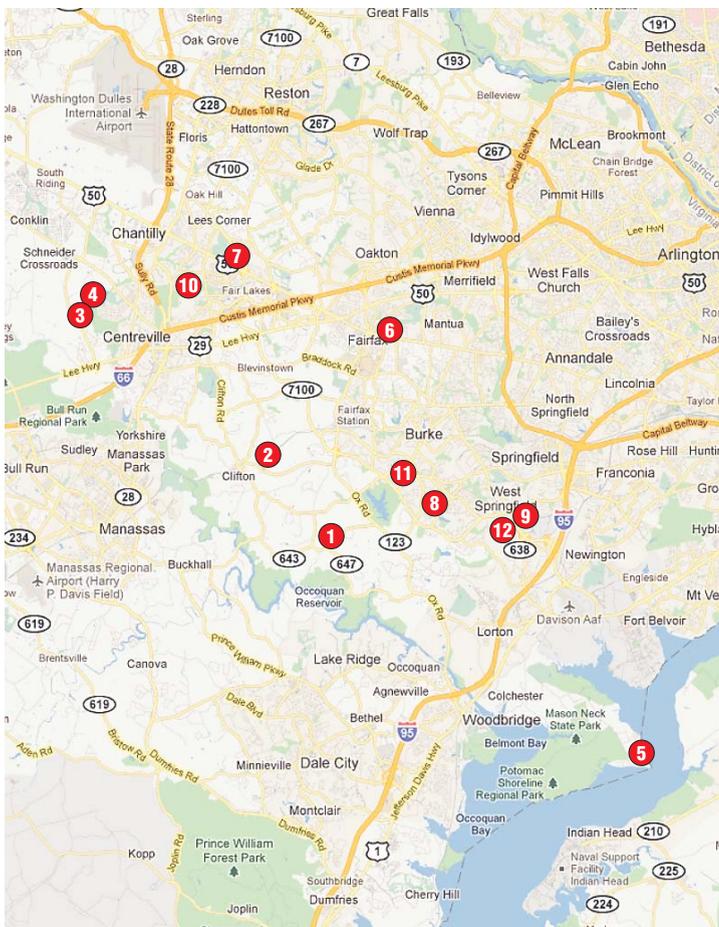


**10** 13709 Black Spruce Way, Chantilly — \$700,000

**8** 6901 Spanker Drive, Burke — \$715,000



**11** 6302 Spring Lake Drive, Burke — \$690,000



Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	PostalCode	Subdivision	Date Sold
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# NEWS

## Center

FROM PAGE 3

for the immigrant community," she said. "I also want to show the [Centreville] community the benefit of having this center and that their support is well-founded."

Al Dwoskin, who owns the Centreville Square Shopping Center, initially proposed the idea for the center, donated one of his storefronts for it and will pay for utilities. Funding for salaries and other items comes from grants and private donations.

Two upcoming events will introduce it to the public:

❖ Friday, Dec. 2, from 4-7 p.m. – Open House for tenants of Centreville Plaza and Centreville Square businesses. CIF members will host the event, serve refreshments and greet the businesspeople who stop by. Supervisor Michael R. Frey (R-Sully) will speak at 4:30 p.m.

❖ Saturday, Dec. 3, from noon-4 p.m. – Open House for the community, with refreshments and a ribbon-cutting at noon. Frey and other local leaders will be on hand at 2 p.m. For more information, call the center at 571-278-1961 or e-mail [info@centrevilleimmigrationforum.org](mailto:info@centrevilleimmigrationforum.org).

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**All listings due by Tuesday at 3 P.M.**

# Centreville, Westfield Victorious in Playoff Openers

**Wildcats to host Lake Braddock and Westfield will be home versus West Potomac in football semifinals.**

BY RICH SANDERS  
CENTRE VIEW

Following first round Northern Region playoff wins last Friday night, both the Centreville and Westfield High football teams are preparing for Div. 6 semifinals round contests this week.

Centreville, which defeated Fairfax High, 42-19, in a quarterfinals round playoff game last week, is scheduled to host Lake Braddock on Friday night. Westfield, a first round winner over Robinson, 21-3, will host West Potomac in the other semifinal.

Centreville is coached by former Fairfax High head coach Chris Haddock. Friday's win over Fairfax marked the second year in a row Centreville (10-1) has defeated the Rebels (6-5) in the regional quarterfinals.

"Going back to play Centreville again was a challenge," said Fairfax second-year head coach Kevin Simonds, a former Rebels as-



PHOTO BY CRAIG STERBUTZEL/CENTRE VIEW

**Centreville's Connor Coward was the Wildcats' big playmaker in their playoff victory over Fairfax last Friday night.**

sistant coach who at one time was part of Haddock's staff at Fairfax. "But we looked forward to it. It was the idea of being a giant killer. We wanted to shock the world. We didn't go in scared. Centreville has pummeled lots of other teams."

The Wildcats, members of the Concorde District, have several big play standouts on their team, such as running back Manny

Smith, tightend/linebacker Ken Ekanem, and wideout Chase Walter. But it was a fourth Centreville star player, Connor Coward, who hurt Fairfax the most on Friday. Coward, a senior running back/receiver, scored five touchdowns, three on catches from quarterback Mitch Ferrick and two rushing scores. For the game, he gained 76 yards on six carries and caught three passes

(all TDs) for 126 yards. Smith, Centreville's feature back, rushed for 70 yards.

Centreville also got a touchdown from its special teams on a punt return by Chase Heiner.

Simonds said the Rebels did a lot of things right in his team's loss to Centreville — executing their game plan on offense, relatively holding down Wildcat running back Smith and keeping both Walter and Ekanem in check with just a few catches each. But Coward proved to be the game's big playmaker.

"Connor Coward just made plays," said Simonds. "The kid has speed."

Coward ended the first half with a 52-yard Hail Mary touchdown reception from Ferrick to give Centreville a 21-12 halftime lead. Centreville then went on and outscored the Rebels 21-7 in the second half.

"I thought we did a nice job balancing our attack with running and passing," said Haddock, the Centreville coach, of the win. "We had some athletes make some great plays which was the difference."

For Fairfax, quarterback Austin Perryman (10-of-19, 193 yards) threw two touchdown passes — both to Abhishek Luthra (12 and 19 yards). Marcelo Acuna scored Fairfax's other touchdown on a short run.

Fairfax had several positive achievements this season — making the playoffs and having a winning record for a third straight year; winning its homecoming game over Jefferson; winning its season opener (a win at Annandale) for the first time since the mid-2000s, and going into its final regular season game versus powerful Stone Bridge with a playoff spot already sewn up. Simonds said a team goal of winning seven games was not met. Seven wins in the regular season might have allowed the Rebels to host a first round playoff game.

"This year we wanted to come out and prove we're right up there with some of the top teams in the region," said Simonds, who realizes his team is not there yet. "We've shown a tradition of consistency of making the playoffs," he said. "Having a winning season [as a Div. 6 school] is fine with me. I'm happy with where we are."

**NEXT FOR CENTREVILLE** is Lake Braddock (7-4), the two-time defending Div. 6 region champion. The Bruins have clearly come alive over the last month after sporting a 3-4 record at one point. They won their final three games of the regular season to gain a three-way share of the Patriot District title and then, this past week, overwhelmed host Oakton, 50-21, in a region quarterfinals playoff game.

In meeting Centreville, Lake Braddock is facing a Wildcats' team with just one loss — a 13-10 overtime setback in week eight versus Concorde District opponent and still unbeaten Westfield. Lake Braddock and Centreville met in this year's season opener with the visiting Wildcats defeating the Bruins 23-8.

Haddock and the Wildcats realize there

SEE CENTREVILLE, PAGE 13  
WWW.CONNECTIONNEWSPAPERS.COM

## Area Teams, Runners Wrap Up Fall Season

**Centreville's Vinter earns top 20 finish at states.**

BY RICH SANDERS  
CENTRE VIEW

Centreville High junior Rebecca Vinter earned an 18th place finish at last Saturday's Virginia State AAA cross country championships, held at the Great Meadows race site in The Plains.

Vinter, in a field of 137 runners, finished with a time of 18:53 in the triple-A (larger schools) race. Other Northern Region runners to finish in the top 20 included first place finisher Sophie Chase (17:33) of Lake Braddock Secondary; fifth place Allie Klimkiewicz of Oakton; seventh place Macey Schweikert of Robinson; eighth place Caroline Alcorta of West Springfield; 10th place Hailey Dougherty of Oakton; 12th place Hannah Christen of Lake Braddock; 13th place Bailey Kolonich of Lee; 17th place Isabel Amend of Washington-Lee; and 19th place Sarah Jane Underwood of West Potomac.

Midlothian High of the Central Region was the girls' team champion. The top finishing teams from the Northern Region were third place West Potomac, fourth place Oakton, seventh place West Springfield, and 10th place Jefferson High.

In the boys' state AAA state championship race, Annandale's Ahmed Bile (15:16) finished first ahead of Chantilly's Sean

McGorty (15:21). Other top 20 finishers from the Northern Region were: sixth place Nick Tuck of Lake Braddock; eighth place Logan Miller of Chantilly; 12th place Paul Gates of W.T. Woodson; 13th place Patrick Spahn of Robinson; and 19th place Louis Colson of Edison.

The boys' team champion was Stafford High. The top Northern Region team finisher was third place Oakton. Chantilly High finished fifth ahead of sixth place Thomas Jefferson. Robinson High finished 13th.

**PRIOR TO STATES**, Northern Virginia area runners and teams competed at the Northern Region championships at Burke Lake Park on Nov. 3.

There, Centreville's Vinter earned a top 15 medal with an 11th place overall finish. Chantilly High's Alexa Cowne was 12th. Other Centre View-area athletes who had strong showings at regionals included Centreville's Jackie O'Shea (22nd place); Chantilly's Nora Raher (27th); Chantilly's Carolyn Carson (32nd); Westfield's Leidy Arias (33rd); and Chantilly runners Samantha Lull (46th) and Natalie Plummer (47th).

The top four girls' team finishers at regionals were champion West Potomac (86 points) and second place finishers Oakton, West Springfield, and Jefferson, all three of

whom scored 117 points. Chantilly (140) and Lake Braddock (145) were the fifth and sixth place finishers, ahead of McLean (175). Rounding out the top 10 were Washington-Lee, T.C. Williams, and Madison.

Centreville finished 11th place in the team standings. The Wildcats' top finishers were Vinter, O'Shea, Joanna Ahn, Natalie King, Emily McLenigan, McKinsey Smith, and Kylie Cuomo.

Westfield finished 12th overall. The Bulldogs' top finishers were Arias, Lauren Hicks, Megan Owens, Reagan Warrington, Karina Frank, Taylor Schwenke, and Megan Dobbins.

On the boys' side at regionals, Chantilly runners McGorty and Miller finished second and fourth overall. Another Chantilly runner, Faris Sakallah, finished in 16th place. Centreville's Chan Young Lee was 23rd overall, and Westfield's Jeffrey Edmondson was 26th.

The Oakton boys won the team title with a score of 72 points. The other state qualifying (top four) boys' teams were second place Robinson (87 points), third place Chantilly (101), and fourth place Thomas Jefferson (126).

The Westfield boys finished ninth place overall at regionals. The Bulldogs' top runners were Edmondson, Maxwell Chambers, Steven Mitchell, Nathan Kiley, John Nicholas O'Connell, Thomas Lazor, and Jaemin Kim.

# SPORTS

## Centreville To Host Lake Braddock

FROM PAGE 12

will be nothing easy in going up against a Lake Braddock team which has won consecutive region crowns. "We will face a very confident Lake Braddock squad," said Haddock. "They are doing some very different things offensively so it will be a challenge to zero in on what they do. It should be a great match-up."

**WESTFIELD HIGH** had its hands full well into the third quarter of its playoff game versus visiting district opponent Robinson last week before taking charge and getting the postseason victory.

Robinson, with the loss, concluded its first season under head coach Trey Taylor with a 4-7 record. The Rams were 1-5 at one point this season before winning three of their final four regular season games to squeeze into the Div. 6 playoffs as the No. 8 seed. They had a huge challenge in facing top seeded Westfield on Friday. But the Rams did not wilt and gave the Bulldogs a good game.

"I thought Trey Taylor and his staff did a great job," said Kyle Simmons, Westfield's first year head coach. "Their kids played a good game and they deserve a lot of credit. It was a 7-3 game well into the third quarter. To be in a 7-3 game in the third quarter, I thought we realized we had to get the job done. Our defense played tremendous."

Westfield running back Kendell Anderson, who had a huge game with 202 yards on 31 carries, scored the Bulldogs' lone touchdown in the second quarter on a 61 yard run. Robinson got a field goal in the third quarter to get within 7-3. But Westfield controlled the final quarter with two touchdowns - a one yard scoring run by Anderson and a five yard scoring pass from quarterback Matt Pisarcik (11-of-16, 99 yards) to Charlie Johnson.

Westfield kicker Matt Delaney converted all three of his extra point boots in the win. Westfield receiver

Artie Pickett caught six passes on the night for 42 yards.

Westfield will host West Potomac (8-3) this Friday night. The Wolverines shared a piece of the Patriot District title this season with both Lake Braddock and South County. Their lone district loss came at the hands of Lake Braddock, 28-21, back in week four. West Potomac's signature wins this season have come over South County, 31-27, in week three; Lee, 48-13, in week six; and last Friday night's quarterfinals playoff win over visiting Chantilly, 35-7.

West Potomac running back Brandon Johnson rushed for 204 yards and four touchdowns on 27 carries against the Chargers. Wolverine quarterback Caleb Henderson, the son of West Potomac head coach Eric Henderson, completed 15-of-29 passes for 209 yards.

"He's just a sophomore and has gotten better and better as the season has moved along," said Simmons, of the Wolverine QB.

Westfield and West Potomac met back in a week seven game on Oct. 14 at Westfield - a game won by the Bulldogs 31-10. Westfield limited Johnson to just 57 yards rushing that game. Meanwhile, Anderson, Westfield's prolific ball carrier, had a career best game with over 300 yards rushing versus the Wolverines.

Simmons said his team will not take West Potomac lightly and expects the Wolverines to be a better team than they were back in the regular season meeting between the two teams.

"I told the kids when we played them before I thought they were a playoff team," said Simmons, of West Potomac. "They gave us a good fight until late in the second half. I think they're a good football team. Defensively, they're very aggressive and don't give you a lot of options. We have to be patient on offense. If we can sneak through [a hole] we can make a big play. We need to loosen up their defense with our running game."



Some of Rebecca Vinter's teammates and fans had fun spelling out "Go Bex" in body paint to show their support for her.



PHOTOS COURTESY/CV HIGH CROSS COUNTRY

**Centreville High junior Rebecca Vinter finished 18th in her first ever Virginia State cross country meet. It marked the first time the Wildcats' program has had a female runner in the state competition since 2006.**

## Wildcat Vinter Makes Her Run at States

BY KAREN FULERSON  
CVHS

Saturday, Nov. 12 was a beautiful day to be outside, with warm temperatures and clear skies — the perfect day for the Virginia State Cross Country championships meet. The races, held at Great Meadows in The Plains, were also the location of the first-ever state meet for Centreville High junior runner Rebecca Vinter. If this made Rebecca nervous, she didn't show it as she wrapped up her exemplary cross country season by finishing 18th in the 5K, state AAA race, with

a time of 18 minutes, 53 seconds. The time was a new personal-best for her, stripping 40 seconds off her previous best time. Earlier this postseason, Rebecca placed fourth and 11th, respectively, at the Concorde District and Northern Regional meets, held at Burke Lake Park.

In qualifying for states, Rebecca became the first female athlete from Centreville High School to attend the prestigious event since 2006.

To cheer on their teammate, Centreville cross country head coach Kelley Devlin encouraged and organized a mass caravan of team members to

make the 30-minute drive to the race site. Getting to the site early meant better parking locations and less traffic, since teams were coming in from all over the state. To make the time pass until Rebecca's 11:45 a.m. race, Frisbees floated through the autumn air, posters were created, and body-painting was applied — all welcomed as signs of support for her and, of course, added fun for her teammates. As a result, Centreville had the largest presence at the race as 50 fellow CVHS cross country runners brought their spirit, energy and enthusiasm to the meet.

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# A Predicament



By KENNETH B. LOURIE

Not that I'm stressing about having cancer – too much (really?), but I wish there were an off switch. A figurative button to press that would stop the flow of cancer-induced, cancer-related cancer consumables: information, concern, anxiety, focus, orientation, predisposition, etc. And if I were to attempt to delude myself into saying that I don't think about having cancer all the time – consciously, then I suppose I would admit to it being top of mind (bottom of mind, too) sub-consciously, whether I like it or not – and of course this column is about not liking it.

But as Popeye the Sailor Man so often said: "I yam what I yam." And what I am is a cancer survivor, still surviving 32 months post-diagnosis, after being given a "13-month to two-year" prognosis back in late Feb., 2009. And as much as I want to look forward – and presumably it is much healthier, anecdotally speaking to do so, it is difficult – for me, to not consider the past as some sort of prologue, with a premature end hopefully not in sight, and one whose epilogue has yet to be determined. This preordained time line, indeterminate though it may actually be, wears on me. Not that I want to know what the future holds, but something inside me almost needs to know. Unfortunately, if I were to be realistic though, given my diagnosis, the future is not exactly my oyster. Certainly it's there for the taking, it's simply impossible to know if I'll be alive for the receiving.

Considering that I'm a planner and that I live today for tomorrow instead of living today like there's no tomorrow (ironic given my diagnosis/prognosis), I'm always thinking about what's next and what I have to do to get from point "A" to point "B." Being diagnosed and "prognosed" as I have, my thought processes have been turned upside-down and inside-out. I still know my left from my right, but so many other presumptions about life/the future are no longer what I thought they were or anticipated they would be. If I had to hazard a guess/offer an explanation about the topsy-turvy world in which I now try to exist – normally, I would rationalize it and say: a terminal diagnosis will do that to you.

But I don't want it to do it to me. Yet it does. It's almost as if I've been rewired. All the connections, all the pathways, all the familiar/functioning routes that I understood/took to get through the past, present and future are all jumbled up and not nearly as clear as one would have lived 57 years expecting them to be. All bets are off, as they say. From now on, my life is one big gamble, a risk few players would likely take.

But if I don't take any risks, I may very well succumb to that what ails me. Living like I don't have a future is probably the surest way to not have one. For me to do so, however requires a complete reversal of who I am, how I think. The problem is, I like who I am, who I've become. Nevertheless, continuing to be this person, living and thinking as I do, might be counter-productive (counter-intuitive for sure) to fending off my cancer.

Whatever I decide to do, however I'm able to change, being unhappy and negative about the choices that I make is also counter-productive. I don't exactly want to die young and leave a good-looking corpse (as James Dean is alleged to have said – or a derivation thereof), but nor do I want to be miserable for the rest of my life. I need to find a compromise somewhere/somewhat, some way to live for today – and tomorrow.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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-Albert Einstein

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**Fairfax Water**

**NOTICE OF PUBLIC HEARING ON PROPOSED 2012 BUDGET**

Fairfax County Water Authority (Fairfax Water) is proposing a \$141.3 million budget for calendar year 2012.  
On Thursday, December 15, 2011, Fairfax Water will conduct a public hearing on its proposed 2012 Budget in its offices at 8570 Executive Park Avenue, Fairfax. The public hearing will begin at 6:30 p.m. A copy of the proposed budget can be viewed on our Web site at <http://www.fairfaxwater.org/>. Those wishing to speak at this hearing or desiring a copy of the proposed budget should call Ms. Eva Catlin at 703-289-6017.  
Revenues are expected to be \$141.3 million in 2012. Water sales are expected to provide \$121.9 million. Approximately \$19.4 million is expected from connection charges, investment income and other sources.

Category	-- \$1,000s --	
	2011	2012
Personal Services & Employee Benefits	\$44,812	\$46,934
Power and Utilities	10,813	11,802
Chemicals	5,958	7,463
Fuel	822	862
Postage	407	416
Insurance	1,211	1,175
Supplies and Materials	3,891	4,044
Contractual Services	8,569	8,480
Professional Services	1,112	1,151
Other	2,130	2,224
Sub-Total	79,725	84,551
Transfer to Improvement Fund	(9,391)	(9,559)
<b>Total</b>	<b>70,334</b>	<b>74,992</b>

Net revenues are expected to be appropriated as follows:

Debt Payment	\$40,798,000
Improvement Fund	\$11,000,000
General Fund	\$13,629,000

<sup>1</sup> Fairfax Water's Board will continue to monitor economic factors and review revenues and expenditures at mid-year to determine if additional action is needed.

**116 Childcare Avail.**

**BURKE** Childcare avail in my home, OFC Lic, FT & PT, days, evenings, Back-up care & special needs children welcome. Large yard for lots of fun! 703-569-8056

**21 Announcements**

**NOTICE OF PUBLIC HEARING**  
REGIONAL WATER SUPPLY PLAN

PLEASE TAKE NOTICE that the Town of Clifton Town Council and Planning Commission will hold a joint Public Hearing on Tuesday, December 6, 2011 at 7:30 p.m., 12641 Chapel Road, Clifton, Virginia, to consider the adoption of the regional water supply plan and A RESOLUTION APPROVING THE NORTHERN VIRGINIA REGIONAL WATER SUPPLY PLAN, which includes the following:

- \* Existing Water Source Information;
- \* Existing Water Use Information;
- \* Existing Resource Information;
- \* Water Demand Management, or current conservation practices;
- \* Drought Response and Contingency Plans;
- \* Projected Water Demand Information;
- \* Statement of Need based on the adequacy of existing water sources to meet current and projected water demand over the planning period (a minimum of 30 years to a maximum of 50 years).

A copy of the draft plan is available at <http://www.novaregion.org/index.aspx?NID=1214>.

**21 Announcements**

**21 Announcements**

**21 Announcements**

I am easily satisfied with the very best.  
-Winston Churchill

**21 Announcements**

**21 Announcements**

**21 Announcements**

**21 Announcements**

**21 Announcements**

# SCHOOLS

**The Centreville High School Band** is holding its Annual Citrus Sale from now through Nov. 21. Profits benefit the students' band expenses and their 2012 Spring Trip to Nashville, TN. Fruit will be delivered to the school and will be available for pickup on Dec. 2.

- ❖ Full Case of Oranges or Grapefruit - \$32
- ❖ Half Case of Oranges or Grapefruit - \$22
- ❖ Mixed Case of Oranges and Grapefruit - \$36
- ❖ Mixed Half Case of Oranges and Grapefruit - \$26

If you would like to place an order by email - put in Subject Line "Citrus Order". Submit the order to [cvhsbandcitrus@gmail.com](mailto:cvhsbandcitrus@gmail.com). Checks

will be made out to "WBB". Contact Robin Seabrook at [cvhsbandcitrus@gmail.com](mailto:cvhsbandcitrus@gmail.com). Orders will be available for pickup on Friday, Dec. 2 at CVHS from 2 p.m. until 7 p.m.

**Centreville High School** is having its Annual Christmas Tree Sale starting Thanksgiving weekend. All proceeds will benefit the Centreville High School Turf Field Fund. Hours are Thursday and Friday, 5:30 to 8:30 p.m.; Saturday and Sunday, 10 a.m. to 6 p.m. Fraser Furs sell for \$55 (5-6 ft.), \$60 (6-7 ft.), \$65 (7-9 ft.) At Centreville High School.

During November, the **CVHS Band** will be holding a fundraiser at the Speedy Green Carwash at 8411

Centreville Road in Manassas. Punch in the code 2847 (CVHS) and the Band will receive \$2!

**The CVHS Bands** invites you to a concert on Thursday, Dec. 1 at 7 p.m. The Wind Ensemble, Symphonic Band, Concert Band and Percussion Ensemble will all be performing. In place of an admission fee the band is hosting a Winter Clothing Drive. Come out and enjoy a fun evening with a wide variety of music.

**Guitar Booster Holiday Wreath Sale.** Wildcat guitar students are conducting their second annual Holiday Wreath Sale from now through Nov. 28. The wreaths are 24" in diameter and

made of Fresh Frazier Fir and white pine ... trimmed with pine cones, static, berries and a red velvet bow. The cost is \$37. It will be shipped directly to your house or, if it is a gift, directly to the recipient's house with a gift card. Call Suzi Mauk at 703-830-7648 or email [smmauk@cox.net](mailto:smmauk@cox.net).

**Dr. Virginia Minshew** was honored by the Virginia Association of Secondary School Principals (VASSP) and Herff Jones as the 2011 Virginia High School Principal of the Year during an evening ceremony at the Virginia Museum of Fine Arts on Oct. 27 in Richmond. The ceremony recognized her dedication and contributions to school, students, and education, and included

the presentation of a ring specifically made for this award by Herff Jones. This was the third Celebration for Leadership event for Dr. Minshew. She was recognized for the prestigious award during the Virginia Middle and High School Principals Conference & Exposition last June. In September, Dr. Minshew attended a celebration ceremony in Washington, D.C., sponsored by the National Association of Secondary School Principals and MetLife for all state winners in the nation. Currently principal at Park View High School in Sterling, Dr. Minshew is a long-time resident of Centreville, and graduate of James W. Robinson Secondary School in Fairfax.

**Communities of Worship**  
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[www.thechurchoftheascension.org](http://www.thechurchoftheascension.org)

Warm People ~ Hot Coffee  
Come in for a serving of both this Sunday



### Centreville United Methodist Church

**Sunday Worship Services**  
8:15 AM  
9:30 AM  
11:00 AM  
Contemporary Service in the ROC  
11:02 AM



Worshiping God ~ Serving Others

703.830.2684  
[www.centreville-umc.org](http://www.centreville-umc.org)  
6400 Old Centreville Road, Centreville VA 20121  
Corner of New Braddock Road & Route 28

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Serving the World

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Centreville, VA 20120  
703-830-0098



**Centreville**  
PRESBYTERIAN CHURCH

### Saint Andrew Lutheran Church

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Christian Education for All Ages: 9:45 a.m.

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### Centreville Baptist Church

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8:00 & 9:30 am Celebration Service  
11:00 am Contemporary Service

#### Bible Study

9:30 am & 11:00 am

#### Ministries Include:

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United Methodist Church

**11:02 AM**

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6400 Old Centreville Road, Centreville, VA 20121  
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### Mount Olive Baptist Church

6600 Old Centreville Road, Centreville, VA 20121  
Phone: 703 830-8769; Fax: 703 830-6718  
[www.mountolive-church.org](http://www.mountolive-church.org)  
E-Mail: [mtolive@mountolive-church.org](mailto:mtolive@mountolive-church.org)



Rev. Dr. Eugene Johnson, Pastor



#### Service Times:

Sunday Morning Worship: 10:00 AM  
Children's Church and Jr. Youth Church-  
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Sunday School (9:00-9:45 AM/ All ages)  
Spiritual Development Courses: (8:45-9:45 AM)  
Youth Sunday Morning Worship: 10:30 AM  
(Rev. Bobby J. Ford Jr., Youth Minister)  
Holy Communion (Third Sunday) 10:00 AM  
Wednesday Prayer Meeting/ Bible Study  
and Spiritual Development Courses: 7:00 PM  
(Includes Youth Bible Study)